

PLAYER



SUPPORT PROGRAM



EST. 1921

WHAT IS PSP?

A Player Support Program, or PSP is a club organized and funded program for its players and members. The purpose of a PSP is to offer a free service (having been funded by your club) to help you deal with a personal, work-related, or other problems that might be impacting your performance, productivity, general health and/or well-being, or if you are struggling to manage symptoms of stress or other psychological problems such as:

- Bereavement/Grief
- Stress, or conflict
- Addiction
- Adjustment/life transition issues
- Self Esteem
- Depression and/or Anxiety

We have a pre-arranged agreement with your club whereby you are able to access short-term counselling services with one of our psychologists at no cost to you. Your identity will remain strictly confidential, and you do not need to consult your club prior to booking an appointment.

HOW TO ACCESS THE SERVICE

Please contact our Client Connect Team on (03) 9809 1000 to book an appointment. Be sure to quote that you are seeking PSP and we will match you up with a suitable Psychologist based on your needs (presenting issue, availability, preference of age, gender etc.).

BOOK NOW (03) 9809 1000
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